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# WOMEN SKI 2ND ED-PB-OP



## Synopsis

Women Ski has changed the sport of women's skiing forever. This is a landmark book that should be in every bookstore's ski/sports section. This second edition continues Claudia Carbone's explanations that outline how and why women ski differently than men, offering solutions to help women get more enjoyment from the sport.

## Book Information

Paperback: 308 pages

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Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (1 customer review)

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[Travel > Adventure > Skiing](#) #1360 in [Books > Sports & Outdoors > Winter Sports](#)

## Customer Reviews

I saw myself on every page...Claudia has addressed every problem I've ever had in skiing and gave me answers, confidence, and a whole new attitude about ski buying. I actually improved my skiing, knowing more about my body and how it works. I recommend it for any female skier, beginner or advanced, and men should read it too, to understand how women relate to skiing.

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